



Becoming a volunteer

Living Well Dying Well Volunteers provide accompaniment to individuals living with a serious and life-limiting illness, as well as support for their family and carers. Accompaniment provides companionship, support, connection and belonging to people who are navigating times of challenge and transition.

Volunteer Companions provide attentive presence, without judgement or attempting to 'fix' or 'solve' the challenges being faced. The role requires a person who is a good listener and able to respond with sensitivity, compassion and empathy.

We would love to hear from you if you have these qualities and skills and can also commit to:

1. Offering 1-2 hours or more per week for most of the year
2. Working collaboratively with people of diverse needs, backgrounds and cultures within a supportive framework
3. Ongoing training

Please visit our website livingwelldyingwell.org/volunteers to register your interest in becoming a Volunteer Companion.

For more visit livingwelldyingwell.org
or call CatholicCare on 13 18 19.



Living Well
Dying Well