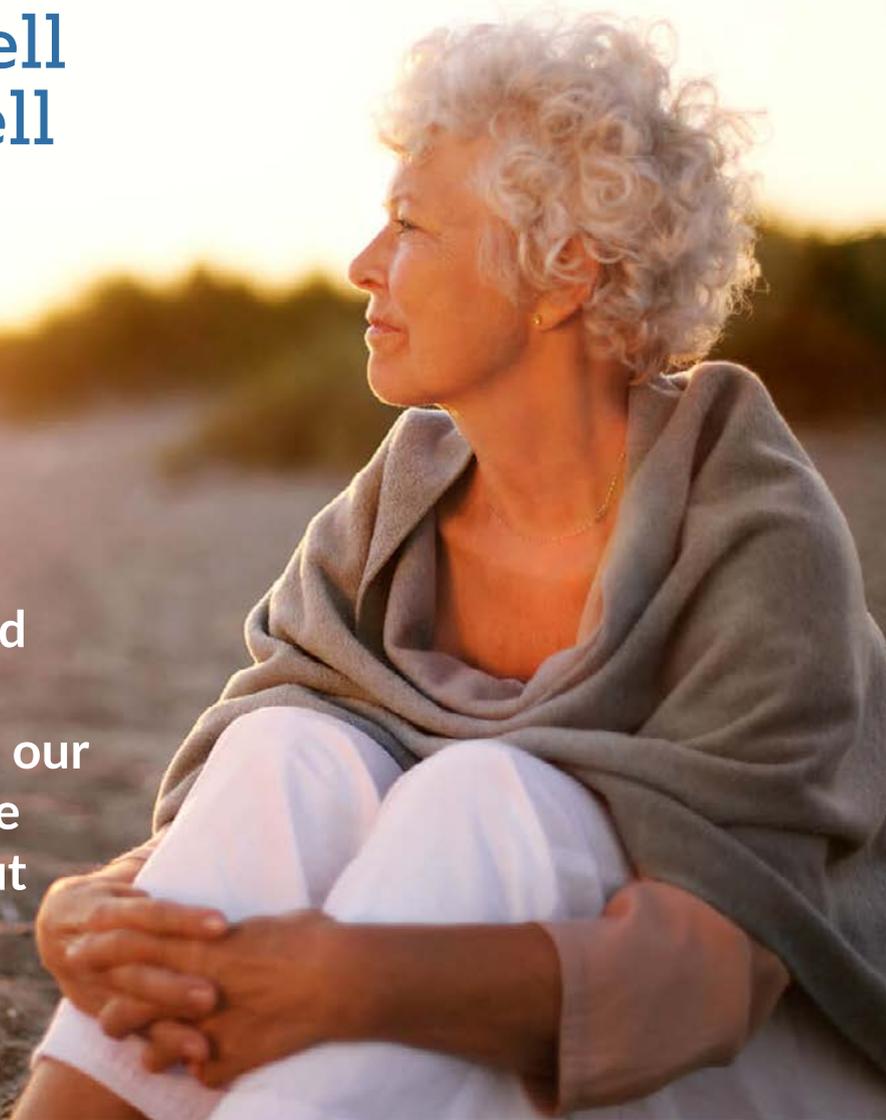




Living Well Dying Well

What does it mean to live well and how is it connected to dying well? Religion, philosophy, our culture and our environment can offer some answers but decisions about how you live your life rest ultimately with you.



At Living Well Dying Well we explore some of these themes and offer insights and connections for further information and support. We also look at what the Catholic Church says about death and explores its traditions around dying, death and life beyond the present realm.

Living Well Dying Well is a collaboration of Catholic parishes and agencies working with palliative care services to enhance these services through the provision of volunteers. We train and support volunteers to accompany sick people and their families, to offer presence, and support beyond the professional care delivered by doctors, nurses and allied health professionals that form the bedrock of these services.

Living Well Dying Well is thus a Catholic program which aims to enhance the journey of people

who are sick and may be approaching their end of life. It seeks to form a caring and compassionate community around these people, support them more fully, respond to their needs and help their families with the care that is needed.

Project launch

Bringing together subject matter experts, the Living Well Dying Well was launched via a webinar 7 October 2021.

Find out more about the project and view a recording of the launch webinar by visiting livingwelldyingwell.org



Volunteer Accompaniment Program

Living Well Dying Well Volunteers provide accompaniment to individuals living with serious and life-limiting illness, as well as support for their family and carers. This accompaniment provides companionship, community welcome, support, connection and belonging to people who are navigating times of challenge, transition and change.

To make this possible, we are seeking volunteers to offer the companionship people with serious and life-limiting illness need.

Volunteers

Volunteer Companions provide attentive presence, without judgement or attempting to 'fix' or 'solve' the challenges being faced. The role requires a person who is a good listener, and able to respond with sensitivity, compassion and empathy.

Are you someone with these qualities and skills who can offer 1-2 hours or more per week for most of the year, work collaboratively with people of diverse needs, backgrounds and cultures within a supportive framework and commit to on-going training?

If so, we welcome your expression of interest to join this worthwhile program. To register your interest in becoming a Volunteer Companion visit livingwelldyingwell.org/volunteers.

Accompaniment

Our volunteers accompany sick people and their families and offer them presence, and support that complements and supplements beyond the professional care delivered by doctors, nurses and allied health professionals that form the bedrock of these services.

Living Well Dying Well aims to enhance the journey of people who are sick and may be approaching their end of life. Forming a caring and compassionate community around these people, we aim to respond to their needs and help their families with the care that is needed.

If you are seeking this kind of accompaniment, for you, a family member or friend, please visit livingwelldyingwell.org/volunteers/accompaniment.

For further information please contact
CatholicCare's CCareline on 13 18 19.



Living Well
Dying Well